

# Protect yourself from disasters!

Updated March 2017

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## Protect yourself from violent windstorms

### When a typhoon comes

- Check the latest weather information.
- If there is a heavy rain or flood warning, be prepared to evacuate to an emergency shelter.
- Evacuation can be particularly dangerous at night and when flooding has already occurred. If possible, it is best to avoid these dangerous situations by evacuating early.
- Do not act alone. Check on others around you and evacuate in groups.

### When to evacuate

1. When an evacuation advisory or other advisories have been released.
2. When the flood danger level has been reached.
3. When a crack in an embankment, water seeping through the ground or other emergencies have been confirmed.
4. When waves from a high tide surpass coastal embankments

### Where to evacuate

- There is a Himeji City Hazard Map with flood depth noted for each neighborhood. If the flood depth for a neighborhood is above 1 meter seek refuge at the nearest emergency shelter on the ground level. All other neighborhoods will need to seek shelter in their homes or in the nearest building on the second floor or higher.

### Neighborhoods with flood depth above 1 meter

**Evacuate to the nearest emergency shelter**  
(Appointed emergency shelters and sites)

### All other neighborhoods

**Seek shelter in a building on the second floor or higher**  
(Seek shelter in a home or a building on the second floor or higher)

## Protect yourself from landslides disasters

### If it starts to rain

- Be attentive to landslide warnings and heavy rain weather reports.

#### “What is a landslide warning?”

Information broadcasted by Hyogo Prefecture and the Kobe Local Meteorological Office when the chance of a landslide occurring increases, due to heavy rain, which is used to help make a judgment to release an evacuation advisory and other notifications.

### Before a heavy rain storm occurs

- If a heavy rain or landslide warning has been issued, evacuate immediately. If there is heavy rain predicted for the night time, evacuate before it is dark outside.

### When to evacuate

1. When an evacuation advisory or other advisories have been released.
2. When signs of a landslide disaster have been confirmed.
3. When a landslide has occurred close by.
4. When a landslide disaster emergency warning has been released and the chance of a landslide occurring increases.

### Signs of a landslide

- Falling dirt and rocks
  - An ominous ringing sound coming from a mountain or hill.
  - The smell of rotten dirt.
- Smaller scale landslides from cliffs
  - Small rocks falling from cliffs.
  - The sound of the roots of trees snapping and other sounds coming from cliffs.



### Where to evacuate

- Evacuate outside of the area where the landslide warning was released.

## Protect yourself during earthquakes

### When an earthquake has occurred

- First, take all necessary measures to protect yourself.
  - Take cover in a safe place (Move away from dressers, bookshelves, glass windows, and other items that can easily fall. Hide under a desk or table and protect your head).
  - Wait until shaking has stopped.
- When shaking has stopped.
  - When shaking has stopped make sure that gas sources and all sources of fire are turned off.
  - Make sure there is a way to exit.
  - If there is a fire extinguish it immediately.

### When to evacuate

- When an evacuation advisory is released.

### Where to evacuate

- Outside in open areas or in a building with a high earthquake resistance.

## Protect yourself from tsunamis

### The most important point is to evacuate immediately!

- When an earthquake has occurred there is a risk of a tsunami approaching. Evacuate right away.
- Move away as far away from coasts, and rivers as possible.
- Do not get close to coasts or riverbeds.
- Tsunamis come repeatedly. Do not leave shelters until the tsunami warning has been cleared.

### Official Evacuation Announcements

- If a warning for a tsunami is announced an evacuation order will be released from Himeji City. Be ready to evacuate immediately.

### Where to evacuate

- Evacuate outside of the area that has been ordered to evacuate (outside of the area where the tsunami is predicted to reach).

## Protect yourself from a large scale fires

If an earthquake occurs, during times where sources of fires are being used there is a larger chance that numerous fires will start as a result.

### How to respond

1. First, extinguish all fires right away  
Work with other local residents using fire extinguishers and bucket brigades in order to extinguish fires right away.
2. Be ready for electrical fires  
In order to prevent electrical fires, unplug all electrical cords, and turn off breakers before evacuating.

### Where to evacuate

- Outside in a large scale open area or other large scale evacuation area (A park of 2 hectares or larger)



## Disaster Related Information Transmission

### Himeji City (Disaster Response Headquarters)

- (TV)
- NHK, Commercial Broadcasting Stations, Local Broadcasting Station (WINK)
- (Radio)
- NHK, Commercial Broadcasting Stations, FM GENKI

- Himeji City Home Page
- Disaster Prevention Radio System
- Himeji Disaster Prevention Website
- Social Networking Sites
- Emergency Announcement Vehicle

- Neighborhood Association (Voluntary Disaster Preparedness Organization)
- Fire Brigade

### Local Residents



## Evacuation information that is released from the city

### ✓ “Hi-nan Jun-bi” Evacuation Preparation·Start Elderly/Special Assistance Evacuation

- Begin evacuation for individuals who need extra time.(elderly, people with disabilities, children, etc.)
- Individuals who do not need extra assistance can begin preparing to evacuate.(If you feel like you are in imminent danger, evacuate.)

### ✓ “Hi-nan Kan-koku” Evacuation Advisory

- When the danger of human injury becomes higher
- Evacuation of all residents

### ✓ “Hi-nan Shi-ji” Evacuation Order (Urgently)

- The danger of individuals being injured is high
- All remaining residents should evacuate

## Prepare for evacuation

### Confirm a safe path

Decide a path to evacuation sites before emergency evacuation is needed. Confirm that the path is safe.



### Prepare emergency items

Prepare at least the minimal items needed for evacuation ahead of time.



### Seek accurate and up to date information and evacuate before flooding occurs

Pay attention to the radio and watch TV for the latest weather information.



### Be aware of notifications to evacuate

If there is a notification to evacuate from the city or volunteer fire fighters, evacuate immediately.



### Before evacuating

Before evacuating, make sure there are no gas fires or electrical fires, and notify relatives and people who you know of intentions to evacuate.



### Refrain from using a vehicle and evacuate on foot

There is a possibility of cars getting stuck due to flood and other causes. Please evacuate on foot.

